ACTIVITY CALENDAR

MARCH

- Newspaper
 Reading and
 Coffee at 9:30
 a.m. Monday—
 Saturday
- Our <u>Beautician</u>
 is here every
 Thursday
- <u>Library Time</u>
 with the Preschool is every
 Friday at
 10:30 a.m.
- Exercise Class with Debra is every Monday and Wednesday at 10:30 a.m.
- Ice Cream Social is every
 Friday at 1:30
- CALENDAR CONTINUED ON PAGE 4





KETCHIKAN PIONEER HOME

OLUME 13, ISSUE 3

MARCH 2014

GREETINGS FROM THE ADMINISTRATOR

I returned from studies at USC just in time to welcome the Pioneer Home Advisory **Board members along** with Division Director Ken Truitt for their tour of the Ketchikan Pioneer Home. It was a wonderful opportunity for the Advisory Board to see the renovations on the 3rd floor and meet to discuss the many pressing issues facing our

State as the senior population continues to grow.

If you would like to contact the Advisory Board on matters related the to the Pioneer Homes, please contact Board Chair, Banarsi Lal c/o 141 Bryant St. Ketchikan Alaska 99901 and we will forward along any correspondence you might have for the board. Thanks very much to the staff

for helping to make the visit a success and thank you to the PHAB for all the work you do on behalf of our residents.





Julie Sande, Administrator

LOOKING AHEAD

Please plan to join us for the Distinguished Young Women of Alaska visit on March 21st at 1:30 p.m. in the Great Room. This event is a wonderful opportunity to meet some of the rising young stars of Alaska and visit with friends over tea and cookies. Hope to see you there.

PAGE 2

An Irish Prayer:
May God give you,
for every storm, a
rainbow, for every
tear a smile, for every
care, a promise, and a
blessing in each trial.
For every problem life
sends, a faithful friend
to share, for every
sigh a sweet song, and
an answer for each
prayer.





KPH residents pose in front of one of their favorite quilts of the show.

FRIENDS AND FAMILY DINNER

We are looking forward to another St. Patty's Day Family and Friends dinner scheduled for March 20st., 2014 at 5:00 p.m. MENU:

Appetizer: Vegetable
Trav

Soup: Carrot Ginger

Entrée: Corn Beef and Cabbage with Potatoes, Glazed Carrots and Dinner Rolls

Dessert: Key Lime Pie with Cookie Crust.

Please call in your reservations, before March 17th, to the activity department at 228-3372.



A great big Thanks to our loyal volunteers of Boy Scout Troop #4 who help serve at every Family Dinner.

KPH IS THE 12TH MAN

It is well documented that the community of Ketchikan has supported the Seahawks long before anyone else ever did and we consider them to be OUR Home team.

However, among

a community of passionate supporters, we consider our voice at the KPH to have been the loudest on Super Bowl Sunday and may have been the reason Russell Wilson performed so well. Yep, we said it. We are the 12th man.



Charlie celebrates another TD with a non-alcoholic adult beverage at the Super Bowl Party

QUILTING IN THE RAIN

Ketchikan is a community which is known for having such a diverse group of talented artists and one of the residents favorite displays of this talent is the annual quilt show at Ted Ferry Civic

Center. Many of the residents have friends or relations who are quilters or are past quilters themselves. It is an inspiring display of hard work, creativity and talent.



Resident Mary Ellen Haseltine enjoys some of the handiwork of her talented daughter Jean Mackie.

We do so LOVE a great Valentine celebration and this year was no exception. Special thanks to Houghtaling 4th graders, Fawn Mountain students and to all of our community Secret Admirers

HOW SWEET IT IS

for such lovely handmade Valentines. The residents were delighted with all of the Valentines that so many of you dropped off in their Valentine pouches.

We had a sticky and sweet afternoon with the chocolate fountain and other treats and then played our all time favorite game: "The Wheel of Love."



KPH FOUNDATION NEWS

The KPH

Foundation is a nonprofit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska. This month members of our Foundation were able to attend the public comment period with the Pioneer Homes Advisory Board. The KPH Foundation members continue to advocate for the Home and the needs of the residents. The discussion included

the growing senior population and plans for the future of the Homes.

Thanks very much to Ed Zastrow, Ray Hendricks, Alaire Stanton, and Ann Thompson for your time and expertise.

Bob Sivertsen Alaire Stanton

Nerissa Buendia

Bill Moran

Ed Zastrow

Cleo Weston

Ann Thompson

Terry Wanzer

Mona O'Dell

Fred Monrean

Sherrie Slick

Idonna Hanson

Ray Hendricks

Linda Koons -Auger









Ketchikan Pioneer Home

141 Bryant Street

Ketchikan, AK 99901

Phone: 907-228-3362

Fax: 907-225-4115

The Mission of the Alaska Pioneers Home:
Providing elder Alaskans a home and community, celebrating life through its final breath.

Activity Calendar Continued...

3/01 Iditarod Sled Dog Begins

3/03 Foundation Lunch

3/05 Spa Night

3/06 Hula Hands Exercise Class

3/08 Ladies Tea with Flensea

3/09 Day Light Savings Begins

3/10 Resident Council

3/12 Karaoke 6:00 p.m.

3/13 Hula Hands Exercise Class 1:30 p.m.

3/14 St Patricks Day Party 1:30 p.m.

3/15 Spa Day with Miranda

3/18 Plant Seeds with Girl Scouts 3:00 p.m.

3/19 Monthly Birth Party 3:00 p.m.

3/20 Family and Friends Dinner @ 5:00 p.m.

3/21 Distinguished Young Women @ 1:30 p.m.

3/26 Lady Bugs 2:30 p.m.

Legislative Teleconference Schedule

Please join the Alaska Commission on Aging for the 2014 Legislative Teleconferences to discuss bills of interest to seniors in our community and across the State of Alaska. They will be held at KPH from 9:30-11:00 on: March 13th and March 27th.



WELCOME

The KPH family is so pleased to welcome new resident Norma Anderson to our home.

If you have not done so already, please stop by and wish her very warm welcome!



Resident and Staff Birthdays

STAFF

Daisy Cadiente 03/01 Olivia Aparici 03/05 Charlotte Fajardo 03/06 Allis May Davis 03/07 Shinberry Berkey 03/17 Joseph Fiorucci 03/19 Kristine Dela Cruz 03/24



RESIDENTS

Imelda Mitchell 03/16/1920 Ilona Brady 03/18/1922 Mary Ellen Haseltine 03/22/1924 Ann Ruaro 03/26/1920 Basil Nickerson 03/26/1930

MORE FEBRUARY FUN!

















